

# “Bon Secours Sports Clinic Launch”

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# Bon Secours Sports Clinics launch

**Steering Group:** Declan Bowler, Hilary Fitzgerald, Jason Kenny  
Emilie McGrath



Advanced Medicine Exceptional Care



# Have you sustained a sports injury

and don't know where to go?



GP, Physio or Consultant?

Make the new Bon Secours  
Sports Clinic your  
first destination.

- ✓ One Triage Fee
- ✓ Same Day Consultation
- ✓ MRI Referral & Physiotherapy Treatment

Our new rapid access clinics in Cork and Galway provide quick and easy access to assessment and referral (triage) by our Clinical Specialist Physiotherapists.

With same day consultant opinion, MRI referral and physiotherapy treatment if needed, and a plan for your return to sport, all for one triage fee.

You can self-refer or ask your GP or Physiotherapist to refer you.

Find us at [bonsecours.ie/galway-sports-clinic](http://bonsecours.ie/galway-sports-clinic)

Call 091 381932

[bsgphysio@bonsecours.ie](mailto:bsgphysio@bonsecours.ie)



BON SECOURS HEALTH SYSTEM®

ADVANCED MEDICINE EXCEPTIONAL CARE

# Bons Secours Sports Clinics model



## What are we doing?



- Triage MSK clinic
- Led by Clinical Specialist Chartered Physiotherapists
- Based on HSE MSK/Rheumatology model
- Same patient pathway at all sites
- Acute + chronic MSK injuries, sport and other.
- Access based on pathology not mechanism of injury
- Severe acute injuries to be triaged out of sports service

# Bon Secours Sports Clinics



## Why are we doing this?

- Patients waiting a long time to see surgeon
- Surgeons busy with non surgical patients
- Physio and GP frustration
- Patients get to see right person at right time
- Access to growing body of high tech rehab, ie isokinetics and concussion testing
- Build relationships with referring clinicians
- Excellent results from HSE and international versions of this model.

# Bon Secours Sports Clinics



## What it will bring to you and your patients

- Rapid access to Clinical Specialist Physiotherapist triage
- Access to same day consultant opinion if needed
- Referral for radiology same day if needed
- Referrals can be from GP, physio, or directly
- Patient will be returned to own physio, by default
- Rehab can be provided at Bon Secours if needed
- Access to growing body of high tech rehab, ie isokinetics and concussion testing
- Excellent communication with referring clinicians

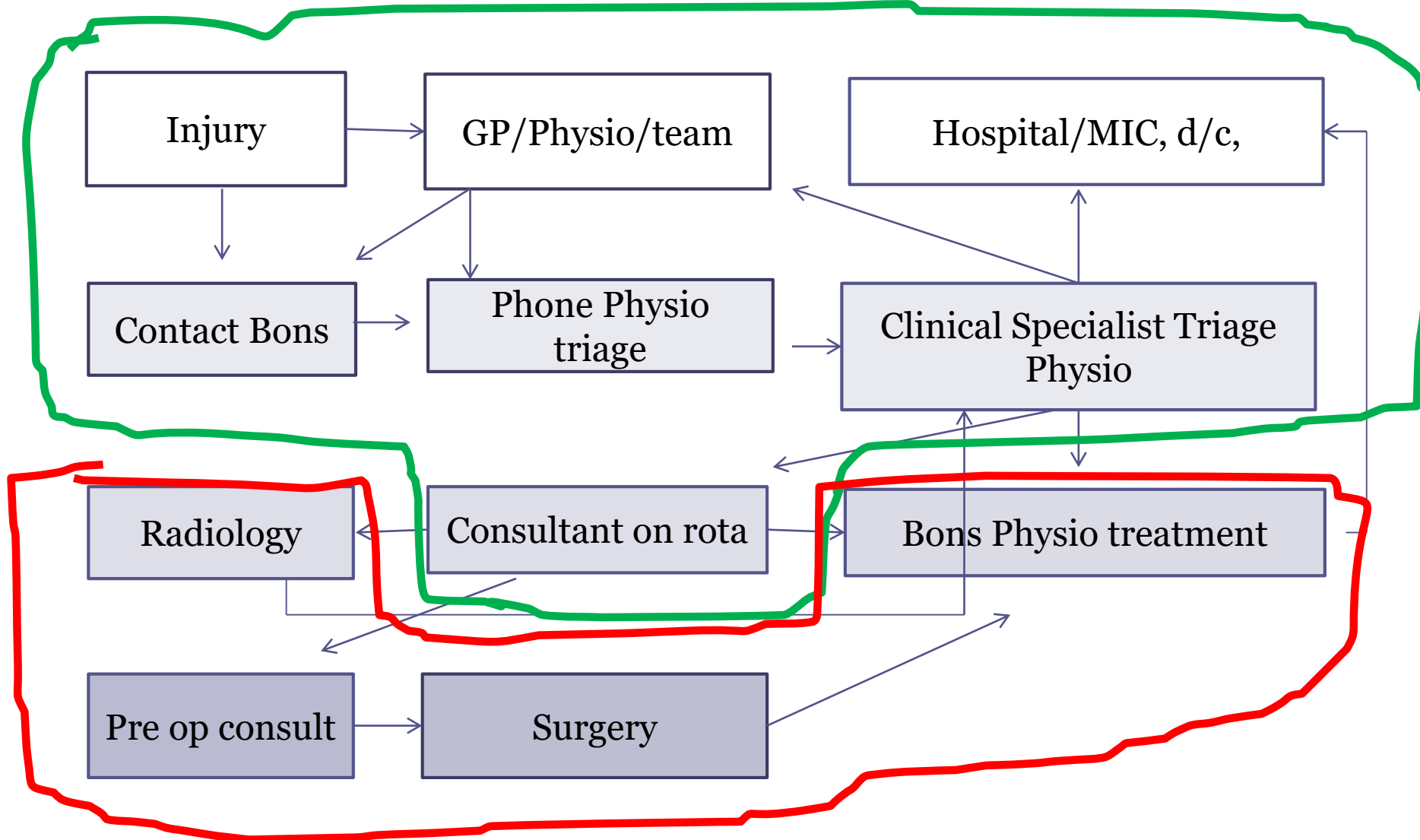
# Bon Secours Sports Clinics



What will happen when I refer a patient?

- Patient is assessed by triage physio and plan made
- Patient has advice/surgery/treatment
- Discharge note is sent to you with details of above
- Patient is returned to you for ongoing physio/medical care

# Bon Secours Sports Medicine





# Bon Secours Sports Clinics



## What are the charges?

Triage fee: €150

This includes:

- Initial red flag phone triage
- Triage clinic assessment by physio
- Consultant opinion if necessary
- Referral for radiology if necessary
- Additional physio session if 3) or 4) not needed

Not included:

- Cost of MRI/Xray
- Splints, crutches etc
- Ongoing physio treatment after triage
- Any surgery needed
- Preop consultation with surgeon

# Bon Secours Sports Clinics



Will I continue to treat my patient after triage?

Yes, if your patient requires physiotherapy or outpatient medical care they will return to you.

Default option for patients requiring physiotherapy is to return to own physio/GP for treatment.

We will only provide follow-up physio if patient requests or if does not have own physio.

# Bon Secours Sports Clinics



## How do we get an appointment?

- Call Cork 021 4941905
- Call Galway 091 381932

**<https://www.bonsecours.ie/cork-sports-clinic>**

**<https://www.bonsecours.ie/galway-sports-clinic>**

sportsclinic@bonsecours.ie Cork

bsgphysio@bonsecours.ie Galway

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